



Calm Activities for Younger Kids

- Yoga
- Paint
- Quiet Books
- Bubble Wrap
- Pom-poms & Pipe Cleaners
- Playdough
- Build aFort
- Scavenger Hunt
- Tape Race Car Track
- Shape Sorter
- Nature Walk
- Reusable Stickers
- Color Matching
- Puzzles
- Glitter Bottle
- Toy Car Wash
- Water Play
- Ice Cube Painting
- Painting the House with Water



Notes: